Dear Friends

Can you believe it is the year 2020? This new decade brings a treasure chest of possibilities. The Board, Executive Team and I have an ambitious vision and massive plans for CareSTL Health. Get ready to watch us soar!

Since the last annual report in 2015 we have made many positive strides. In 2018, we changed our name from Myrtle Hilliard Davis Comprehensive Health Centers to CareSTL Health. The need for a new name was imperative to update the agency in this new abbreviated, technologically savvy era. We brought our rich history and heritage with us. The hard work of our previous Chief Executive Officers remains visible in our vision, mission and care values.

We also formed the CareSTL Foundation to address the social needs of the community, “We care” about our patients. They are first in everything we do from expanding services to giving families greater access to care.

CareSTL Health has done both. We now offer a licensed, provider monitored substance abuse program. We’re expanding those services by partnering with organizations to meet the growing need created by the opioid epidemic. In 2019, CareSTL Health hosted the first highly successful Project O-Opioid Awareness Walk in Forest Park. We are dedicated to assisting our patients through to sobriety and healthy living.

We’ve expanded to meet families where they are. In addition to our four satellite locations CareSTL Health now has health centers in four school districts. Medical, Dental, and Behavioral Health services are available in its own space in Hazelwood, Jennings, and Ritenour and Riverview Gardens school districts. We continue to partner with St. Louis Public Schools to provide requested services among 14 schools in that district. Gone are the days where parents have to miss work to take their child to the doctor. They fill out a permission form for treatment and their child can receive services at school.

Big plans are on the horizon. We are looking forward to providing care in underserved areas of north St. Louis County. The future will see new CareSTL Health centers for Whittier (former Homer G. Phillips) and Riverview (former Florence Hill).

It’s taking some time but we will get there! The race is not given to the swift nor the strong but he who endures until the end. Join us as we move onward and upward.

Warm regards,

Angela Clabon
Chief Executive Officer

MISSION
Our mission is to improve health outcomes in our community by providing comprehensive, multi-generational healthcare, education and support to all who need us regardless of income or socioeconomic status.

VISION
Our vision is to be the provider of choice for comprehensive health services, eliminating health disparities and empowering every member of our community to live a long, healthy life.

CARE VALUES
Customer Service: We are responsive to the needs of our patients and strive to exceed their expectations every time.
Community: We are active in our communities and work collaboratively to produce the best possible outcomes for our patients, employees and community at large.
Commitment: We are committed to providing comprehensive healthcare by eliminating barriers and offering a centralized and holistic approach.
Compassion: We believe that caring is an action word.
Competence: We employ the best healthcare professionals available and foster a community of accountability, continuous learning, growth and development.
CareSTL Health Board of Directors

Our Board of Directors are a diverse group from every sector and industry in the area. The board provides mission based strategic governance. They are exemplary and well respected leaders in their professions and communities. The following is a list of Board Members currently serving terms. As a federally qualified health center at least 51 percent of all governing board members utilize the services of CareSTL Health. Here are our board members:
Our leadership team ignites the fire needed to keep our health centers running smoothly and efficiently. The dynamic team is led by Chief Executive Officer Angela Clabon.
CareSTL Health carries the rich history from its inception in 1969 to a new name. The story of St. Louis Comprehensive and Myrtle Hilliard Davis Comprehensive Health Centers is iconic in black history as it has been well documented in the trailblazing film about Homer G. Phillips and the Ville neighborhood in which there is one of four sites is located.

The legacy of the founding board is nothing short of extraordinary and set the tone for the path we blaze today. The founding board is responsible for hiring Morris Henderson in 1968 as the first Chief Executive Officer (CEO). The organization was chartered the following year in 1969 as St. Louis Comprehensive Neighborhood Center, a workforce training center. Morris Henderson was dedicated to the organization and worked to establish training and social service programs for residents in the neighborhood. He is responsible for having the center establish the first methadone clinic, Women, Infants and Children Food Nutrition Service (W.I.C.) services on site and opening a satellite center at Prince Hall on Newstead and Pope. He was a prominent civil rights leader in St. Louis.

The longest serving CEO Myrtle Hilliard Davis took over following the death of Morris Henderson. The center was later named in her honor. It was the groundwork she created when the center was awarded a grant to train nurses. The trajectory of the center would forever be changed. Today, patients receive the highest quality of customer service with an attitude of “We Care.” Our goal is achieved with a commitment to the CARE values and ensuring healthy outcomes for every patient we serve. Our partnerships allow us to provide outstanding health programs, such as the highly successful program provided by Logan University Chiropractic services. With every health education, social service and specialty program offered by CareSTL Health, we are able to build a healthier community and brighter future for our patients.
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COVID-19 strikes and CareSTL Health responds

The year 2020 and COVID-19 has made an indelible mark on the community. As the city dealt with the unknown of the virus and the first to casualties being African-American women CareSTL Health CEO Angela Clabon and Executive team worked tirelessly to ensure testing would occur in the health center service areas. CareSTL Health nurses, providers and support staff reported to work, dressed in personal protective equipment (PPE) and put themselves on the frontline to fulfill the commitment of serving patients. Whether it was administering COVID-19 tests or Telehealth. The health center faced challenges many challenges throughout the pandemic but was always had victorious outcomes.

Families come neighboring states to receive free COVID-19 testing. The mobile testing was administered at all four locations, offered as needed at school district partners Jennings, Ritenour, Hazelwood and Riverview-Gardens. CareSTL Health nurses also provided COVID-19 testing at requested community agencies and businesses. More than 13,724 individuals have been tested as of October 29, 2020.
CareSTL healthcare heroes recognized by local, political, and business leaders:
The dedication of CareSTL Health nurses was not overlooked by local leaders and agencies. Congressman Lacy Clay gave special recognition to CareSTL Health staff for working on the frontline during the COVID-19 pandemic. Regions Bank brought lunch to the staff as well for their “Share the Good” program. Challenges presented by COVID-19 did not halt the excellent service provided by the nurses, providers or support staff. Everyone rose to the occasion.
Loyal Healthcare Heroes

Several loyal healthcare heroes retired in 2020 after many years of service. Teary-eyed CareSTL Health staff said thank you to several members who retired from years of serving our community.

Thank you to the following individuals.

- Teresita Cometa
- Marva Clay
- Uzo Chukwuana
- Wanda Clopton
- Dr. Marband
- James McClain
Community Giving

CareSTL Health understands achieving healthy outcomes includes providing community resources. Our communities, our families are strongest when a balance of work, food and positive activity occurs. CareSTL Health is continuing to be the voice and resource for families. The health center provides monthly events presenting resources and education to uplift not only patients but the entire community. Community partners donate to the events to ensure our commitment to families remains solid. CareSTL Health’s community commitment is and always will be expansive and unlimited.

Easter Bunnyland
Families had a day of fun with the kids at our first Bunnyland event to commemorate Easter. The kids enjoyed sack races, musical chairs, music provided by a DJ and a festive egg hunt. Children received prizes throughout the day along with free refreshments. A special thank you to our partners at Yeatman- Liddell in the St. Louis Public School District, Anthem, and United Healthcare.
Halloween Trunk or Treat
Carloads of parents gathered all the kids and drove through the Halloween Mobile Trunk or Treat. The event allowed children the opportunity to dress up in Halloween costumes and receive candy at a contactless event.

Mobile Food Distribution
A strong commitment to the patients and families we serve allowed CareSTL Health to provide resources through the COVID-19 pandemic. CareSTL Health was on the front line with several mobile food distributions and weekly groceries in the community. Thanks to our partners from At Home Care, Alpha Phi Alpha, Sigma Gamma Rho, Kappa Alpha Psi, Delta Sigma Theta, Better Family Life, St. Louis Foodbank and the National Guard we were able to feed thousands of families.
Christmas in the Ville with our partners The Ville Collaborative

We can all agree COVID-19 taught us many lessons in 2020. One of the greatest lessons has been the need to collaborate and unify for a common goal. CareSTL Health partnered with The Ville Collaborative to host Christmas in the Ville at the 2425 N. Whittier Street location. More than 500 families lined up to receive household baskets full of blankets, clothes, food and toys.
Annual Back to School Book Bag Giveaway and Health Fair

For more than 20 years CareSTL Health has sponsored a free book bag giveaway and health fair to assist parents in preparing their children for the school year. The health fair features vendors, barbers, hair stylists, face painting, a clothing boutique equipped with uniforms, live entertainment, outside play area, free food and book bags for all the children. Hundreds of families line up each year to be one of the first to get in the door. All the book bags contain pencils, pens, notebooks, calculators and other school items.
Medicaid Expansion

CareSTL Health proudly stood for Medicaid Expansion with voters to a victory. Missouri became the 48th state to say “Yes” to expanding access to healthcare to thousands of families and children in the state. The passage of Medicaid expansion creates healthcare access for 230,000 Missourians and 16,000 jobs for individuals in rural areas. It should also reinstate thousands of children who were unenrolled from coverage due to a system glitch.

CareSTL Health was on the forefront of educating the community. A virtual town hall meeting was held to answer questions and inform the public. Voters were informed and educated as they headed to the polls. An educated voter translates into a responsive patient committed to living a long, healthy life.
CareSTL Health has four locations in St. Louis. Patients can access the location nearest them. We offer medical, dental, and specialty services at all our locations.

1. 5471 Martin Luther King Drive, 63112
2. 4500 Pope Avenue, 63115
3. 2425 N. Whittier Street, 63113
4. 5541 Riverview Boulevard, 63120
Celebrating construction of a New State of the Art Facility

The New Year will bring a state of the art facility for CareSTL Health. CareSTL Health Board of Directors, staff, community and political leaders celebrated the momentous occasion at a groundbreaking ceremony in August 25, 2020. The new multi-million dollar facility will be located at the corner of St. Louis Avenue and Newstead, 4414 St. Louis Avenue, Tuesday, August 25, 2020 at 12 p.m. The new building will replace the center’s 2425 N. Whittier Street location and is part of CareSTL Health’s strategic development plan.

St. Louis Mayor Lyda Krewson and City of St. Louis Department of Health Acting Director Fredrick Echols joined CareSTL Health leaders for the ceremony.

CareSTL Health Chief Executive Officer Angela Clabon said, “I am excited to see this day. Plans have been in the works for many years. So many individuals have contributed to helping us reach this milestone. The late Alderman Sam Moore worked tirelessly with us to locate the land and make this new facility a reality for the health center. This groundbreaking ceremony will mark the beginning of greater access to care and a new facility for our patients.”

A Bright Future Ahead: The Ville Wellness Campus

The Groundbreaking Ceremony
School-based Health Centers

School-based health centers offer medical, dental and behavioral health services throughout the year including COVID-19 testing...

CareSTL Health proudly provides medical and dental services in four school districts. Parents no longer have to use vacation time to take their children to the doctor. CareSTL Health is accessible through the following school districts. Parents who home school your child/children in one of the following districts please contact the school or CareSTL Health to become a patient of our health center. We provide school based Licensed Clinical Social Workers (LCSW) and Community Health Workers (CHW) to address behavioral and other issues affecting the student’s ability to learn.

CareSTL Health opened the first school-based health center at Fairview Elementary School, 7047 Emma Avenue, St. Louis, Mo. 63136 in the Jennings School District. We offer medical, dental and behavioral health services to elementary and high school students in the Jennings School District. CareSTL Health has proudly opened three more school based health centers in Riverview Gardens, Hazelwood and Ritenour districts. Additionally, we partner with 14 St. Louis Public Schools to give medical, dental and behavioral health support. CareSTL Health has been the direct line to information and COVID-19 testing to all of our school based partners and their communities.
CareSTL Foundation was formed to address the social norms of our community. CareSTL Foundation hosted several food distributions to feed families during the pandemic. It is the goal of CareSTL Foundation to provide much-needed social services.

**Board of Trustees**
Angela Clabon *Executive Director*
Randy Barnes *Treasurer*
Jethro Fortenberry *Secretary*
Ken Hutchinson
Alonzo Shaw
Linda Robinson
Carlita Vasser
Project O - Opioid Awareness Walk was created by CEO Angela Clabon to raise awareness about the opioid epidemic and to make resources available for families affected by the disease. The response from the community was overwhelming. A diverse crowd of more than 500 people registered to take part in the first Project O-Opioid Awareness Walk in Forest Park, Saturday, August 2019.

CareSTL Health provides comprehensive care that includes behavioral health, psychiatry and substance abuse programs. All four sites address the Opioid epidemic by offering behavioral health and Medicated Assisted Treatment (M.A.T.) for individuals ready for sobriety.

With 908 deaths in 2016, Missouri ranked 19th in the nation for opioid overdose deaths. There was a 35% increase in deaths between 2015 and 2016 (672 vs 908 deaths). However, the increase in death was smaller from 2016 to 2017 (5% increase; 908 vs 951 deaths, respectively).

Opioids can affect anyone despite their gender, race, ethnic backgrounds and age, regardless of where an individual resides, from urban to rural communities. In Missouri, Opioid overdose deaths have steadily increased and caused a burden to families, communities and healthcare systems. Education is prevention. CareSTL Health is on the forefront of providing the facts, resources and treatment to the community.

“We have to get the word out to families and individuals about where they can come for help”

CEO Angela Clabon
Who We Serve

KEY SERVICE DATA FOR 2019

44,617 Visits
13,357 Visits
19,934 Visits
44,617 Visits

MEDICAL
DENTAL
ENABLING SERVICES
BEHAVIORAL HEALTH

15,649 Patients
5,791 Patients
1,631 Patients
1,387 Patients

Top three visits by diagnosis (regardless of primacy):
14,140 Hypertension
1,748 Heart Disease
6,778 Diabetes

Top screening visits by diagnosis:
3,898 Total patients ages 23-64 screened for cervical cancer
1,758 Total patients ages 50-75 screened for colorectal cancer
**PATIENT DEMOGRAPHICS**

**Patient Gender**
- 58% Female
- 42% Male

**Patient Age**
- 31% 1 - 17
- 55% 18 - 64
- 13% 65 - 84
- 1% 85+

**Insurance Status**
- 26% None/Uninsured
- 47% Medicaid
- 15% Medicare
- 12% Private

**Patient Ethnicity**
- 96% African-American
- 3% Caucasian
- <1% Asian
- <1% Other
- <1% Unreported

**Income as a Percentage of Poverty**
- 92% Unknown/100% and below
- 5% 101 - 150%
- 2% 151 - 200%
- <1% Over 200%
**Statement of Financials**

Consolidated statement of activities and changes in net assets for the year ended December 31, 2019

<table>
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<tr>
<th>Support and Revenue</th>
<th>Unrestricted</th>
<th>Temporarily Restricted</th>
<th>Total</th>
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<tr>
<td>Net Health Services Fee</td>
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<td>$15,341,634</td>
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<td>Grants</td>
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<td>U.S. Department of Health and Human Services</td>
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<td>Operating grants</td>
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<tr>
<td>In-Kind contributions</td>
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<td>-</td>
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<tr>
<td>Investment return, net of fees</td>
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<tr>
<td>Other income</td>
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<td>$132,735</td>
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<tr>
<td>Total Revenues and Other Support</td>
<td>$24,614,696</td>
<td>-</td>
<td>$24,614,696</td>
</tr>
</tbody>
</table>

**Expenses**

| Program Services                     |              |                        |          |
| Community Health Services            | $19,270,823  | -                      | $19,270,823 |
| Supporting Services                  |              |                        |          |
| General and Administrative           | $5,285,735   | -                      | $5,285,735 |
| Total Expenses                       | $24,556,558  | -                      | $24,556,558 |

| Change in Net Assets                 | $58,138      | -                      | $58,138  |
| Net Assets, Beginning of year        | $13,358      | -                      | $13,358  |
| Net Assets, End of year              | $71,496      | -                      | $71,496  |
Partnerships matter most
Thank you donors, volunteers and partners
The difference is you

The Missouri Commission for the Deaf and Hard of Hearing donated 100 clear masks to our pediatricians and nurse practitioners at CareSTL Health at all four centers. The masks helped to communicate effectively to deaf and hard of hearing patients. Parents and patients were elated because it made the visits easier for everyone. Here’s what the parent said:

“Amen and Nicole Crisp is amazing she was very understanding with my son Kenny who is deaf and hearing impaired she was so patient”
Shadiah Thomas

The St. Louis FoodBank, Better Family Life and Metro Market were among our ongoing partnerships during the COVID-19 pandemic from food distributions to mobile testing. COVID-19 revealed the trauma and illness affecting families throughout St. Louis that included a lack of fresh food. Our partners allowed us to provide food for families in our communities.
Donors, Volunteers, and Partners!

Kamilah Adams
Alpha Phi Alpha Fraternity Inc.
America’s ToothFairy
Anthem Blue Cross/Blue Shield
Regina Askew
Randy Barnes
BASIC Inc.
Better Family Life
BJC Healthcare
BJC Hospital Systems
Chrisena Brown
CHIPS Health and Wellness Center
Christian Hospital
Angela Clabon
Delta Sigma Theta Sorority Inc.
Jethro Fortenberry
Patricia Foster
Friendly Temple Church
Grambling University-St. Louis Alumni
Lula Hall
Darrell Hudson
Integrated Health Network
Dr. Andwele M. Jolly
Kappa Alpha Psi Fraternity Inc.
Logan University/College of Chiropractic
Metro Market
Missouri Commission for the Deaf and Hard of Hearing
Missouri Primary Care Association
Dr. Troy Nash
National Association of Black Accountants – NABA
Newmark Grubb Zimmer
Northside Youth and Family Services
NuVision Management Services, LLC
Tiffany Paul
Vida Paul Perry
Preferred Family Healthcare
Regional Health Commission
Flora Robinson
Sigma Gamma Rho Sorority Inc.
SSM Health
Mattie Stanton
St. Louis Area Foodbank
St. Louis Children’s Hospital Outreach
St. Louis Development Corporation
St. Louis FoodBank
Duane Thompson
UMKC School of Dentistry
United Healthcare
Kel Ward
Washington University
Dara Webb
Bonnie Woods